

Dr. Arpita Singh

Ph.D. | LL.M. (Gold Medalist) | LL.B. | UGC-NET Qualified

Assistant Professor of Law • The Shillong Law College, Shillong, Meghalaya

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Faculty Profile

Dr. Arpita Singh is an Assistant Professor of Law at The Shillong Law College, Shillong, Meghalaya. She is a legal academic, researcher, practitioner and socio-legal contributor whose work lies at the intersection of law, society and human rights. Her academic specialisations include Jurisprudence, Women's Rights, Human Rights, Public and Private International Law, and Socio-Legal Studies, with a strong research focus on gender justice, marital rape, domestic violence and the lived realities of law in society.

She holds a Ph.D. in Law from the Department of Law, North-Eastern Hill University (NEHU), Shillong, awarded in 2023. She completed her LL.M. from NEHU as a Gold Medalist (2014 - 2016) and earned her LL.B. from the Faculty of Law, University of Delhi after completing her B.Com

(Hons.) from the University of Delhi in 2006. She qualified the UGC-NET for Assistant Professor in July 2016 and is an enrolled Advocate with the Bar Council of Delhi (2010), having also cleared the All India Bar Examination in 2011.

Her academic journey reflects a strong blend of scholarship and activism. During her time at the University of Delhi, she was actively engaged in student governance and institutional development. She was one of the founding members of the Cultural Society of Law Centre I and played a key role in organising debates, seminars, theatre performances, film screenings and discussions on socio-legal issues. She demonstrated consistent academic excellence in co-curricular forums, securing positions in debate competitions, group discussions and quizzes, reflecting strong analytical ability and oratory skills. She contributed to institutional transparency by engaging with RTI applications, participated in NSS outreach programmes for underprivileged communities and served as a member of the Central Placement Committee, Faculty of Law. She also held leadership positions such as Dramatics Society President and Editor-in-Chief of the college magazine *AWAZ*, reflecting her strong engagement in academic and cultural life.

Dr. Singh has extensive theatre experience, having been actively involved in stage productions, street plays and socially driven performances during her academic years. She has acted in and directed multiple productions, including self-written scripts and performed across cities such as Delhi, Mumbai, Kolkata and Ahmedabad. She has used theatre as a medium of legal and social awareness, working with communities including children from (suburbs)bastis and riot-affected areas and has adjudicated theatre competitions in educational institutions in Delhi and Shillong. Her theatre work includes participation in national-level legal awareness performances and collaborations with organisations such as CRY and WHO-linked programmes.

Professionally, she has worked as a content writer and online consultant with Derric Wood, a pharmaceutical company, where she managed communication with overseas business partners. After completing her LL.B., she co-founded a nationally registered NGO, *Youth Identity*, serving as Secretary and Project Head, where she led environmental and social development initiatives. She has also worked extensively in grassroots and legal outreach initiatives with organisations such as Hope Project, Salaam Baalak Trust, Marthoma Social Action and other community-based programmes.

She has contributed significantly to legal academia through research publications in SCOPUS, UGC-CARE and peer-reviewed journals, focusing on marital rape, gender justice and human rights. She has presented papers at national and international seminars and participated in multiple Faculty Development Programmes, including those on research methodology, cyber law and legal education reforms. She has also been invited as a resource person by the Meghalaya Judicial Academy,

Meghalaya Administrative Training Institute and the North Eastern Police Academy, delivering lectures to judicial officers, administrative officers and law enforcement professionals.

She currently serves as an Assistant Professor of Law at The Shillong Law College, having joined on 21st June 2023, where she continues to engage in teaching, research, academic development and legal outreach.

Education and Qualification

Ph.D. (Law) Dept. of Law, North-Eastern Hill University, Shillong **(2017–2023)**
Thesis submitted: November 2022 | Degree awarded: 2nd May 2023

LL.M. Dept. of Law, North-Eastern Hill University, Shillong **(2014–2016)** 🥇 ***Gold Medal***
First Batch of the LL.M. Programme

LL.B. Faculty of Law, University of Delhi **(2007–2010)**

B.Com(H) Indraprastha College for Women, University of Delhi **(2003–2006)**

ISC Sacred Heart Convent School, Jamshedpur **(2003)** 🥇 ***TATA Hitachi Awardee***

ICSE Sacred Heart Convent School, Jamshedpur **(2001)**

- Advocate, Bar Council of Delhi (Enrolled: 23rd July 2010 | Enrolment No. D/2496/2010)
- All India Bar Examination (AIBE) - Qualified, March 2011
- UGC-NET Qualified for Assistant Professor (Law) - July 2016

Academic Engagements

Current Position: Assistant Professor of Law, 21 June, 2023 - Present
The Shillong Law College, Shillong, Meghalaya

Part-Time classes on the Legal Studies: Class X1, batch of 2026 students, St. Edmund's School, Shillong

Previous Academic Experience: Guest Lecturer, 2017, Dept. of Law, NEHU

Resource Person / Invited Lectures / Others

- Ministry of Home Affairs, Land Ports Authority of India - Workshop on Anti-Human trafficking and Zero Tolerance, 2025
- Shillong Commerce College, Lecture, International Women's Day Programme, 2025
- North Eastern Police Academy (NEPA) - Lecture on Child Rights, 2024
- Meghalaya Human Rights Commission - Lecture on Violence Against Women, 2024
- Department of Law, NEHU - Lecture on Women and New Criminal Laws, 2024
- Special Lecture on Violence Against Women organised by NSS and other committees, The Shillong Law College, 2024
- Police Training School, Meghalaya - Lectures on Gender and Power Relation and Understanding Violence against Women, 2023
- Police Training School, Meghalaya - Lectures on Communications and Interpersonal skills, 2023
- Special Lecture on Importance of Research in Legal Education organised by Ms. Zeenat Parvin, Asst. Professor, The Shillong Law College, 2023
- Meghalaya Administrative Training Institute (MATI) - Lectures on various legal topics, 2017 - 2019
- Meghalaya Judicial Academy - Lectures on various legal topics, 2016
- Invited to Judge NLU Meg, National Moot Court Competition - 2024, 2025
- Invited to Judge various debates, extempores and other competitions.

Positions Held and Institutional Contributions

- Convener, Research and Development Cell , SLC, 2025 - present
- Convener, Women Cell, SLC 2025 - present
- Member, Academic Committee, SLC, 2025 - present
- Member, IQAC, SLC, 2025-2028
- Member, Syllabus Sub- Committee, SLC 2026
- Member, Screening Committee, 2025-2026
- Member, Add-On Course Committee, SLC, 2026 -2028
- Faculty Coordinator, Research Team, The Shillong Law College Moot Court Society, 2024
- Adviser, Environment Sub-Committee, Students Bar Association 2023-2025
- Member, IQAC Sub-Committee I, SLC, 2023 - present
- Member, Screening Committee, Career advancement Scheme, SLC, 2024
- Member, Publications and Souvenir Committee, Diamond Jubilee Celebrations, SLC, 2024

Memorandum of Association(MOU) Facilitation

Facilitated negotiations, coordinated between the parties, and formulated the terms and conditions of the agreements.

- Meghalaya State Women's Commission (MSWC) - MOU with The Shillong Law College
- St. Edmund's School, Shillong - MOU with The Shillong Law College

Facilitated an experiential and field-based pedagogy

Facilitated an experiential learning assignment for B.A.LL.B. (5th Semester) students under Administrative Law, involving structured interviews with senior IAS, IPS, MCS, MPS, and other State officials. The initiative aimed to enhance students understanding of administrative functioning and its interface with law, while also strengthening their communication, analytical and professional interaction skills.

Workshops; Seminars and Various Programmes Organised

- Special Lecture on Case File Mastery and Advocacy Skills - Mr. Manash Barman, advocate, High Court of Gauhati as the resource person, 2026.
- One-Day Legal Awareness Programme on the POSH Act, 2013, Dr. Daiahunlin Mawlong as the Resource Person, 2026.
- One-Day Workshop on Therapeutic Narratives, Ms. Jemimah Marak as the resource person, 2026.
- One-Day Seminar on Dissemination of Research Findings under CMRG on "Balancing Tradition and Legal Responsibility: Liability of Traditional Healers in East Khasi Hills Meghalaya"- 2025.
- One Day Legal Seminar on POCSO Act, 2012, Shri F.S.Sangma, MHJS, District and Sessions Judge, SGH, Meghalaya, as the Resource Person, 2025.
- Debate Competitions for B.A.LLB students - 2025.
- Extempore Competition - International Women's Day - 2025.
- World Environment Day, Essay Competition - 2025.
- One Day Lecture Series on Professional Ethics, Hon'ble Chief Justice of Meghalaya, Justice S. Vaidyanathan as the Guest Speaker, 2024.
- One Day Workshop on Research Paper Writing, Resource persons from NLU Meghalaya, 2024.
- Legal Awareness Programme on the MTP (Amendment) Act, 2021 and the Motor Vehicle (Amendment) Act, 2019, as part of the Diamond Jubilee Celebrations. Conducted at Ganesh Das Hospital (MTP Amendment Act) and Motphran Junction (Motor Vehicle Amendment Act), Shillong, 2024.
- One Day Seminar on the Role of Public Prosecution in the Criminal Justice System: with Special Reference to POCSO Cases in Meghalaya, Ms. Barijanai Kharkongkor, Special Public Prosecutor (POCSO), Ri-Bhoi District as the resource person, 2023.

Research and Publications

Research project

"Balancing Tradition and Legal Responsibility : Liability of Traditional Healers in East Khasi Hills, Meghalaya."

Role: Co-Researcher | Funding: Chief Minister's Research Grant (CMRG), Government of Meghalaya, 2024-2025

This study investigates the legal and ethical landscape of traditional healing practices within the East Khasi Hills district. As traditional medicine remains a cornerstone of healthcare and cultural identity for the Khasi community, the project addresses the tension between preserving indigenous healing knowledge and the necessity of establishing modern legal accountability. By utilising a mixed-methods approach to engage with practitioners and community stakeholders, the research identifies regulatory gaps and proposes a framework that ensures patient safety while respecting the socio-cultural heritage of tribal medicine. The findings provide evidence-based insights for policy interventions aimed at integrating traditional wisdom into the formal healthcare discourse.

(https://cmrgmeghalaya.org/view-document/?src=https://cmrgmeghalaya.org/cmrg-article-2024-2025-2/)

Journal Articles

- "Role of Khasi Hills Autonomous District Council in Safeguarding Traditional Ecological Knowledge (TEK): A Legal Study", The Review of contemporary Scientific and Academic Studies, Vol. 5, Issue 12, 2025 [Peer-Reviewed]

- "Sociological Dimensions of Rape within Marriage vis-à-vis a Married Woman's Right to Her Own Person", Indian Journal of Law and Justice, Vol. 17 No. 01, 2024 [UGC-CARE Listed, SCOPUS & HeinOnline Indexed]

- "An Analysis of Judicial Approach to 'Rape Within Marriage' with Reference to India" , Purakala, Vol. 31, Issue 2, 2022 [UGC-CARE Approved]

- "From the Act of Rape to the Crime of Rape", Indian Human Rights Law Review, Vol. XI , Nos. 1&2, 2020 [Peer-Reviewed]

- "Marital Rape and Human Rights: An Analysis with Special Reference to India", Indian International Journal of Juridical Sciences, Vol.6, Issue 1&2, 2017 [UGC Approved, Peer-Reviewed Refereed Journal]

Papers Presented / Participation in Seminars and Conferences/ FIP; STCs and FDP's

Papers Presented

- "***Beyond Matriliny:Hidden Patriarchal Structures in the tribal Societies of Meghalaya***" National Seminar on Gender Justice and social Transformation, organised by Department of Law, Tezpur University, 2026.

- "***Protection of Elderly Indigenous Women in Khasi Hills: Legal Gaps and Policy Reforms***" in One Day National Conference organised by CSLSR, Dharmashastra National Law University, 2026.

- "***Role of Khasi Hills Autonomous District Council in Safeguarding Traditional Ecological Role: A Legal Study***"- Two Day International Seminar on Indigenous Science Development: Intersecting Traditional Knowledge, Scientific Inquiry and Socio- Culture Practices Organised by St. Edmund's College, 2025, also, was awarded as the "***Best Paper Presenter***".

- "***Harmonizing Disaster Law vis-à-vis Environmental Protection Laws***" - National Seminar on Forest-Dependent Rural Livelihoods, North-Eastern Hill University, 2023.

- "***A Brief Study on Domestic Violence and Marital Rape Cases in India during COVID-19 Pandemic Lockdown***", National Seminar on Identification of Abusive Relationships and Prevention of Domestic Violence, organised by Digboi Mahila Mahavidyalaya and National Commission for Women (Govt. of India), 2022.

- "***The Act of Rape***"- One Day International Seminar on Protection of Women and Children Rights: Issues and Challenges, organised by Law Myntra in collaboration with ILI, NLUJAA, RGNUL, MNLU, and DCPCR (Govt. of India), 2019.

Participated

- One Day Programme on "Emotional Well-Being and Stress Management at Workplace" organised by the Equal Opportunity Cell, IQAC, the Shillong Law College, 2026

- International Webinar on "Punishments and Justice: A Cross-Cultural Examination of Legal and Societal Approaches" organised by the Department of Law, Central University of Karnataka, 2025

- International Webinar on "Influence of Emerging Technologies on the Enforcement of Law" organised by the Department of Law, Central University of Karnataka, 2025

- NCW sponsored National Seminar on "Harnessing AI Opportunities for Women" organised by Department of Law, NEHU, 2024

- One-Day FDP on "Emotional Intelligence and Communication Skills" held by IQAC, the Shillong Law College, 2024

- One Day Workshop on Alternative Dispute Resolution organised by Department of Law, NEHU, 2023.

- National Seminar on E-Governance, Cyber Crimes, Cyber Security and Cyber Laws: Contemporary Issues and Challenges, organised by Dept. of Law, NEHU and NEC (Govt. of India), 2016.

- Two Days Dissemination on International Humanitarian Law, jointly organised by Department of Law, NEHU ; International Committee of Red Cross, 2016.

- Workshop on Emerging Issues of Biotechnology, IPR and PPVFR Act, organised by Faculty of Law, University of Delhi, 2008.

- Legal Aid Programmes organised by Faculty of Law, University of Delhi, 2007-2008.

- Seminar on Global Climate Change; Tree plantation activities and Other environmental programmes organised by Faculty of Law, University of Delhi, 2008.

FIP; STCs and FDP's

- Faculty Induction Programme, UGC-MMTTC, NEHU, 2025
- Short-Term Course in Sustainable Development, UGC-MMTTC, NEHU, 2025
- Short-Term Course in Feminist Research Methodology, UGC-MMTTC, Mizoram university, 2025
- Short-Term Course in NEP 2020 Orientation and Sensitisation Programme, UGC-MMTTP, NEHU, 2024
- Short-Term Course in Research Methodology for Social Sciences, UGC-MMTTC, NEHU, 2019
- International Faculty Development Program on Impact of COVID-19 on Legal Education and Legal Research - The ICFAI University, Tripura, 2021
- Faculty Development Workshop on Innovative Methods in Legal Research and Teaching - School of Law, GD Goenka University, Gurugram, 2021

Area of Specialisation and Academic Interest

- Jurisprudence and Philosophy of Law
- Women and Child Rights
- Gender Rights and Justice
- International Laws (Public and Private)
- Human Rights
- Socio-Legal Studies
- Environmental Law
- Constitutional Law
- Administrative Law
- Law of Torts
- Intellectual Property Rights
- Cyber Laws
- Criminology and Criminal Jurisprudence

Other Professional Experience

- Legal Consultant (Independent)
- Content Researcher, Writer and Online Consultant - Derric Wood Pharmaceuticals (overseas business communications, 2009 - 2013)
- Secretary & Project Head - Youth Identity (National Registered NGO); led the Vriksha Katha - Conservation of Environment project across Maharashtra
- Legal Internship - under Sr. Advocate Mr. J.C. Mahindro and Mr. Ankur Mahindro, Tis Hazari Court, Delhi

Community and Social Engagement

- Hope Project, Nizamuddin, Old Delhi - community development work in a 700-year-old basti.
- Marthoma Social Action NGO (2 months) - worked with women of the Balaswa community, Delhi.
- Salaam Baalak Trust - volunteered with migrant and homeless children, Delhi.
- VEDIC Programme - Initiated and ran an education programme for basti children, North Campus, Delhi University.
- Worked with the locals of Satara District and Pune District, Maharashtra under the banner of Youth Identity - Project called “VrikshaKatha”
- Todapur Basti, Delhi - educational outreach with children
- Charanagar, Gujarat - theatre-based social awareness work in a riot-affected community

Academic Leadership/Co-curricular/Theatre

- Editor-in-Chief, Annual College Magazine AWAZ - Faculty of Law, University of Delhi (2009 - 2010)
- Member of Cultural Society, LC-I, SANSKRITI Faculty of Law, University of Delhi (2007 - 2010)
- Dramatic Society In-Charge, LC-1 - Faculty of Law, University of Delhi (2007 - 2010)
- Member, Environmental Law Society - Faculty of Law, University of Delhi (2008)
- Member, Central Placement Committee - Faculty of Law, University of Delhi (2008 - 2010)
- President, Dramatics Society - College Student's Union, Indraprastha College for Women (2005 - 2006)
- Treasurer, Department Union - Indraprastha College for Women (2004 - 2005)
- Medical In-charge, Hostel Union - Indraprastha College for Women (2004 - 2005)
- Class Representative, B.Com (H) - Indraprastha College for Women (2005 - 2006)
- Actively involved in all the 10 Productions in I.P. College for Women, University of Delhi which includes street plays, one act plays, annual productions and mid-term productions between 2003-2006.
- Performed in cities : Kolkata, Ahmedabad , Mumbai and Delhi.
- Performed during festivals organised by CRY and WHO
- Directed a play during the National Conclave on Access to Justice to Women of North East organised by the National Legal Services Authority in February 2008. The play on legal and human rights was performed exclusively by the students of the North Eastern States.
- Directed a play for an individual group with the children of *Todapur Basti* to spread the awareness on education
- Directed and performed self written scripts in the Faculty of Law (2007-2009) (total of 5 productions)